

Mark-Making Practice

Movement patterns for early handwriting · trace with a finger, chalk, or pencil

Each pattern strengthens the movement shared by a group of letters. If a child struggles with a letter, practise its pattern (not the letter) — repetition builds motor memory that transfers to every letter in the group.

Push patterns

helps with: b h m n p r



Pull patterns

helps with: i l t u y



Vertical patterns

helps with: a b d f h i k l m r t u



Diagonal patterns

helps with: k v w x z



C patterns

helps with: a c d g o q

