

Letter Shape Patterns

Stroke drills for confident handwriting · calligraphers warm up this way for a reason

Circle any letter that trips you up. Look for it in the pattern groups below — that's your drill.

a b c d e f g h i j k l m n o p q r s t u v w x y z

Arcade · push

drills: b h m n p r
challenge: 30 clean reps in 30s



Downstroke · pull (upright, then italic slant)

drills: i l t u y
challenge: 40 clean reps in 30s



Spine · vertical

drills: a b d f h i k l m r t u
challenge: 20 clean reps in 30s



Chevron · diagonal

drills: k v w x z
challenge: 25 clean reps in 30s



Oval · anticlockwise curve

drills: a c d g o q
challenge: 20 clean reps in 30s

