

Ready to Learn?

A morning check-in for the home-ed day

Name: _____

FOUR THINGS TO CHECK

☐ Teeth brushed

☐ Had a drink and something to eat

☐ Used the bathroom

☐ Clothes are comfy

ANYTHING TO ADD?

Ready to Learn?

A morning check-in for the home-ed day

Name: _____

FOUR THINGS TO CHECK

☐ **Teeth brushed**

Hair, face, shower — the whole morning routine

☐ **Had a drink and something to eat**

Tea brewed? Snack sorted? Water bottle filled?

☐ **Used the bathroom**

Before we start, not five minutes in

☐ **Clothes are comfy**

Will you notice them? Right for the weather and where we're working?

ANYTHING TO ADD?

Things that help you feel ready that aren't on the list yet:

When the list is done, learning can start.