

# Home-Ed Study Week

Your reset, recharge & review guide

*For the Parent*

Study weeks aren't holidays and they're not full school weeks either. They sit somewhere in between — a chance to pause, look up, and make sure your homeschool is still working for everyone in it. Use this time well and you'll go back to 'school' refreshed, with a clearer plan and a happier learner.

## REVIEW YOUR HOMESCHOOL

- Look back over the last term's work. What progress can you see? Write it down — it's easy to forget.
- Are there any resources, textbooks or courses that nobody's enjoying? Get rid of them. Life's too short.
- Is the timetable still working, or has it started to feel like a grind? Note anything that needs a tweak.
- Are you getting enough time that isn't teaching time? If not, something needs to change.
- What's one thing that's been working really well that you want to protect?

## LOOK AHEAD

- Scan the plan for the next term. Any gaps? Any subjects that need more time?
- Do any lessons in advance while you have the headspace — your future self will thank you.
- Check in on any upcoming exams, assessments or deadlines and map them out.
- Write a book list for the topics coming up. ([schoolreadinglist.co.uk](http://schoolreadinglist.co.uk) is a great starting point.)
- Refresh the learning environment — swap out books, change the art supplies, hide overused games.

## NOTICE YOUR LEARNER THIS WEEK

- What have they chosen to do with their free time? That's curriculum information.
- Have they seemed more relaxed, or more anxious than usual? What might that be telling you?
- Is there something they've mentioned wanting to learn or explore? Follow that thread.
- Tell them one specific thing you've noticed them doing well recently. Be specific — it lands better.

*"Recognising progress — even with a simple well done — is the easiest way to encourage them to keep trying."*

ONE THING I WANT TO CHANGE OR TRY NEXT TERM:

# Your Study Week

This week is yours — make it count

*For Your Learner*

Study week isn't a holiday — but it's not a normal school week either. There are no lessons, no timetable and no one's going to tell you what to study. That means it's up to you to make it good.

The rule is simple: **Be curious. Be productive. Make the most of it.**

## THINGS YOU COULD DO THIS WEEK

### Get into something creative

Draw, build, write, film, design, cook, code. Make something that didn't exist before.

### Read whatever you want

Not what's on the list. What do *you* actually want to read? Do that.

### Go down a rabbit hole

Pick something you're curious about and find out everything you can. A person, a place, an idea, a skill. No limits.

### Try something new

A new app, a new game, a new recipe, a new instrument. Study weeks are for experimenting.

### Go somewhere

Museum, gallery, park, market. Learning doesn't only happen at a desk.

## THE ONE RULE

At the end of the week, spend some time thinking about what you did. What did you enjoy? Why did you enjoy it? Did you learn any new skills or discover something you'd like to explore more?

Thinking about *why* you spend your time the way you do is one of the most useful skills there is.