

Weekly Home-Ed Timetable

The Four-Part Day — how it works

PART 1

Independent Learning

Work assigned via a weekly folder — set Monday, marked Friday. The order and timing is up to them. Two slots of around 45 minutes each.

PART 2

Guided Learning

Teacher-led lesson (loop subject or topic) + reading aloud together. Wednesday works well as a project or activity day. Two slots of 45–60 minutes each.

PART 3

1-1 Tuition / Check-In

A progress check, problem-solving session, or extension lesson. If home educating siblings, one learner checks in while the other continues independently. One 45–60 minute slot plus a 45 minute slot.

PART 4

Productive Downtime

Reading, hobbies, sport, music. End the day reconnecting as parent and child, not teacher and pupil. Two slots of around one hour each.

A NOTE ON THE STRUCTURE

The Four-Part Day isn't a rigid timetable — it's a framework. You won't hit all four parts every day, and that's fine. What matters is that across a week, all four types of learning happen. Independent work happens daily. Guided lessons happen most days. The 1-1 check-in rotates if needed. Downtime is protected, not squeezed out.

The timetable on the next page is blank. Use it as a starting point. Most families find it useful to sketch one out at the start of each term and adjust from there.

Weekly Home-Ed Timetable

The Four-Part Day — blank template

PART 1 — INDEPENDENT LEARNING · 45 MINS × 2

SLOT	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
45 MINS					
45 MINS					

PART 2 — GUIDED LEARNING · 45–60 MINS × 2

SLOT	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
45–60 MINS					
45–60 MINS					
– LUNCH –					

PART 3 — 1-1 TUITION / CHECK-IN · 45–60 MINS + 45 MINS

SLOT	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
45–60 MINS					
45 MINS					

PART 4 — PRODUCTIVE DOWNTIME · 1 HOUR × 2

SLOT	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 HOUR					
1 HOUR					