

Weekly Home-Ed Timetable

The Four-Part Day — Example Week | kitchentableschool.co.uk

PART 1 — INDEPENDENT LEARNING

	Monday	Tuesday	Wednesday	Thursday	Friday
45 mins	Maths workbook <i>Weekly folder</i>	Maths workbook <i>Weekly folder</i>	Project research <i>Roman Empire</i>	Maths workbook <i>Weekly folder</i>	Essay writing <i>Weekly folder</i>
45 mins	English <i>Weekly folder</i>	Science reading <i>Weekly folder</i>	Project work <i>Model building</i>	English <i>Weekly folder</i>	Quiz / revision <i>Loop subject</i>

PART 2 — GUIDED LEARNING

	Monday	Tuesday	Wednesday	Thursday	Friday
45–60 mins	Teacher-led lesson <i>History: Romans</i>	Teacher-led lesson <i>Biology</i>	Project day <i>Activity / outing</i>	Teacher-led lesson <i>Geography</i>	Loop subject <i>History deep-dive</i>
45–60 mins	Reading aloud <i>Current novel</i>	Reading aloud <i>Current novel</i>	Reading aloud <i>Current novel</i>	Reading aloud <i>Current novel</i>	Reading aloud <i>Current novel</i>

— LUNCH —

PART 3 — 1-1 TUITION / CHECK-IN

	Monday	Tuesday	Wednesday	Thursday	Friday
45–60 mins	Weekly folder review <i>Assign Mon work</i>	1-1 lesson <i>Problem-solving</i>	Independent study <i>Catch-up</i>	1-1 lesson <i>MFL extension</i>	Weekly folder mark <i>Friday review</i>
45 mins	Independent study	Independent study	Independent study	Independent study	Independent study

PART 4 — PRODUCTIVE DOWNTIME

	Monday	Tuesday	Wednesday	Thursday	Friday
1 hour	Independent reading	Independent reading	Independent reading	Independent reading	Independent reading
1 hour	Hobbies / skills <i>Music, sport, art...</i>	Hobbies / skills	Hobbies / skills	Hobbies / skills	Family activity <i>Reconnect together</i>

INDEPENDENT LEARNING

Work assigned via a weekly folder — set Monday, marked Friday. The order and timing is up to them.

GUIDED LEARNING

Teacher-led lesson (loop subject or topic) + reading aloud together. Wednesday works well as a project or activity day.

1-1 TUITION

A progress check, problem-solving session, or extension lesson. While one learner checks in, the other continues independently.

PRODUCTIVE DOWNTIME

Reading, hobbies, sport, music. Friday ends with a family activity — reconnecting as parent and child after a week of teacher and pupil.

